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NEW YORK CITY NO. 1 FREE DAILY IN THE US

Tuesday, December 3, 2019 metro.us | t: MetroNewYork | f: MetroNewYork



## BOOZE & BREWS

An introduction to the wonderful world of orange wines! 16

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# Giving Tuesday

With Metro's list of charitable organizations, make a difference this Giving Tuesday. 15

ISTOCK

THINGS  
TO  
KNOW

First major gun dispute for SCOTUS since 2010.

The U.S. Supreme Court's consideration of a major gun rights case could end in a misfire, with the justices on Monday debating whether to dismiss a challenge backed by the powerful National Rifle Association to a New York City handgun ordinance.

The justices heard arguments in the first major gun dispute to come before them since 2010, with gun control advocates fearful that the court, with its 5-4 conservative majority, could issue a ruling further expanding firearms rights nationwide.

Much of the arguments focused on whether the court should even decide the merits of the legal challenge because the city in July got rid of the limits imposed on licensed gun owners on where they could take their firearms that were central to the legal challenge.

The four liberal justices indicated support for declaring the case moot because New York amended the measure.

"What's left of this case?" liberal Justice Ruth Bader Ginsburg asked. "Petitioners have gotten all the relief they sought."

The city has "thrown in the towel," added fellow liberal Justice Sonia Sotomayor.

Three local handgun

# U.S. Supreme Court justices debate whether to dismiss major gun case



A group among hundreds of supporters of gun control laws rally in front of the US Supreme Court in Washington, D.C. on December 2, 2019. REUTERS

owners and the New York state affiliate of the NRA – a national gun rights lobby group closely aligned with President Donald Trump and other Republicans – argued that the regulation violated the U.S. Constitution's Second Amendment right to keep and bear arms. The Trump administration sided with the NRA-backed challengers.

Only three of the five conservative justices asked questions. Two of them – Samuel Alito and Neil Gorsuch – were vocal in advocating for the

## "What's left of this case?"

Justice Ruth Bader Ginsburg

court to issue a ruling. Conservative Chief Justice John Roberts, who could be a pivotal vote in the case, said little but his questions indicated he potentially could vote in favor of dismissing the case.

The regulation had prevented licensed owners from taking their handguns to other homes or shooting ranges outside the confines of the most-populous U.S. city. Conser-

vative justices focused on an argument made by the plaintiffs' attorney Paul Clement that the city's amended regulation is still inadequate.

The Supreme Court opted to proceed with the arguments even though the city had argued that the amendment made the matter moot. The court's ruling is due by the end of June.

Hundreds of gun

control supporters demonstrated outside the courthouse, calling gun violence a public health crisis. Gun control is a contentious issue in the United States, which has experienced a series of mass shootings.

A ruling expanding firearms owners' rights could jeopardize hundreds of gun control laws passed in recent years by state and local governments, including expanded background checks and confiscations of weapons from individuals who a court

has deemed dangerous, according to gun violence prevention advocates. Republican opposition in Congress has been instrumental in thwarting passage of new federal gun control laws.

The dispute centers on New York City's handgun "premises" licenses. Transport rules had been tightened in 2001 after New York police observed gun license holders improperly traveling with loaded firearms or with their firearms far from any authorized range.

The challengers contend that the amended regulation is still deficient because it requires all handgun transport to be "continuous and uninterrupted," potentially putting owners at legal risk if they take a coffee break en route.

The city's attorney Richard Dearing said owners would not face consequences for coffee breaks or other "reasonably necessary" stops. That did not placate Gorsuch, who wondered what would qualify.

"Is coffee reasonably necessary?" Gorsuch asked.

The Supreme Court had not taken up a major firearms case since 2010, when it extended to state and local regulations a 2008 ruling that recognized for the first time that the Second Amendment protects a person's right to keep a gun at home for self-defense. REUTERS

## National encyclopedia born as Putin pans Wikipedia

Russia is to set up a new online site for its national encyclopedia after President Vladimir Putin said Wikipedia was unreliable and should be replaced. The move will ensure people can find "reliable information that is constantly updated on the basis of scientifically verified sources of knowledge," a government resolution said. Putin last month proposed replacing the crowd-sourced online encyclopedia Wikipedia

with an electronic version of the Great Russian Encyclopedia – the successor to the Soviet Union's main encyclopedia. "This, at any rate, would be reliable information offered in a modern form," Putin said. REUTERS



## Trump grants temp reprieve for N.Irish ex-militant

The Trump administration has granted a rare reprieve from deportation to a former member of an Irish Republican militant group who had been convicted of crimes committed during the political and sectarian conflict in Northern Ireland in the 1980s, a U.S. official said on Monday. Democratic and Republican lawmakers from New York had lobbied for Malachy McAllister to be allowed to stay in the United States despite a 2017

immigration policy change that raised the legal bar for temporary relief for deportation. He had been due to be deported last week. McAllister was convicted in Northern Ireland of charges related to serving as a lookout in a 1981 attack on a police officer in Northern Ireland, according to U.S. court documents. He also was convicted of plotting to shoot and kill another officer. He was jailed for seven years but freed on early release in 1985. REUTERS

## Court denies Trump bid to resume federal executions

A U.S. appeals court on Monday dealt another setback to plans by President Donald Trump's administration to resume the death penalty at the federal level after a 16-year hiatus, denying a Justice Department bid to pave the way for four scheduled executions. A three-judge panel of the U.S. Court of Appeals for the District of Columbia Circuit denied the department's request to overturn a judge's decision that at least temporarily

stalled plans for executing four convicted murderers. The first was scheduled to die on Dec. 9. U.S. District Judge Tanya Chutkan last month issued a stay putting on hold the planned executions until a long-running legal challenge to the department's lethal injection protocol can be resolved. The appeals court found that the administration had "not satisfied the stringent requirements" to block Chutkan's ruling. REUTERS





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Studio		\$813	7	1 person	\$23,623 – \$29,880
				2 people	\$23,623 – \$34,160
1 bedroom		\$859	7	1 person	\$25,303 – \$29,880
				2 people	\$25,303 – \$34,160
				3 people	\$25,303 – \$38,440
Unit Size	60% Area Median Income (AMI) Units	Monthly Rent <sup>1</sup>	Units Available	Household Size <sup>2</sup>	Annual Household Income <sup>3</sup> Minimum – Maximum <sup>4</sup>
1 bedroom		\$1,017	6	1 person	\$37,577 – \$44,820
				2 people	\$37,577 – \$51,240
				3 people	\$37,577 – \$57,660
2 bedrooms		\$1,230	3	2 people	\$44,914 – \$51,240
				3 people	\$44,914 – \$57,660
				4 people	\$44,914 – \$64,020
				5 people	\$44,914 – \$69,180
Unit Size	120% Area Median Income (AMI) Units	Monthly Rent <sup>1</sup>	Units Available	Household Size <sup>2</sup>	Annual Household Income <sup>3</sup> Minimum – Maximum <sup>4</sup>
Studio		\$2,000 <sup>5</sup>	3	1 person	\$71,177 – \$97,110
				2 people	\$71,177 – \$111,020
1 bedroom		\$2,200	2	1 person	\$78,137 – \$97,110
				2 people	\$78,137 – \$111,020
				3 people	\$78,137 – \$124,930

<sup>1</sup> Rent includes heat, hot water and gas for cooking. Tenant is responsible for electricity.

<sup>2</sup> Household size includes everyone who will live with you, including parents and children. Subject to occupancy criteria.

<sup>3</sup> Household earnings includes salary, hourly wages, tips, Social Security, child support, and other income. Income guidelines subject to change.

<sup>4</sup> Minimum income listed may not apply to applicants with Section 8 or other qualifying rental subsidies. Asset limits also apply.

<sup>5</sup> In-unit washer/dryer.

#### How Do You Apply?

Apply online or through mail. To apply online, please go to [nyc.gov/housingconnect](http://nyc.gov/housingconnect). To request an application by mail, send a self-addressed envelope to: Sione Apartments c/o Housing Partnership Development Corporation, 253 West 35 Street, 3rd Floor, NY, NY 10001. Only send one application per development. Do not submit duplicate applications. Do not apply online and also send in a paper application. Applicants who submit more than one application may be disqualified.

#### When is the Deadline?

Applications must be postmarked or submitted online no later than **February 6, 2020**. Late applications will not be considered.

#### What Happens After You Submit an Application?

After the deadline, applications are selected for review through a lottery process. If yours is selected and you appear to qualify, you will be invited to an appointment of eligibility to continue the process of determining your eligibility. Appointments are usually scheduled from 2 to 10 months after the application deadline. You will be asked to bring documents that verify your household size, identity of members of your household, and your household income.

#### Español

Presente una solicitud en línea en [nyc.gov/housingconnect](http://nyc.gov/housingconnect). Para recibir una traducción de español de este anuncio y la solicitud impresa, envíe un sobre con la dirección a Sione Apartments c/o Housing Partnership Development Corporation, 253 West 35 Street, 3rd Floor, NY, NY 10001. En el reverso del sobre, escriba en inglés la palabra "SPANISH." Las solicitudes se deben enviar en línea o con sello postal antes de 6 de febrero 2020.

#### 簡体中文

访问 [nyc.gov/housingconnect](http://nyc.gov/housingconnect) 在线申请。如要获取本广告及书面申请表的中文字版，请将您的回邮信封寄送至：Sione Apartments c/o Housing Partnership Development Corporation, 253 West 35 Street, 3rd Floor, NY, NY 10001。信封背面请用英语注明 "CHINESE"。必须在以下日期之前在线提交申请或邮寄书面申请 2020年2月6日。

#### Русский

Чтобы подать заявление через интернет, зайдите на сайт: [nyc.gov/housingconnect](http://nyc.gov/housingconnect). Для получения данного объявления и заявления на русском языке отправьте конверт с обратным адресом по адресу Sione Apartments c/o Housing Partnership Development Corporation, 253 West 35 Street, 3rd Floor, NY, NY 10001. На задней стороне конверта напишите слово "RUSSIAN" на английском языке. Заявки должны быть поданы онлайн или отправлены по почте (согласно дате на почтовом штемпеле) не позднее 6 февраль 2020.

#### 한국어

[nyc.gov/housingconnect](http://nyc.gov/housingconnect) 에서 온라인으로 신청하십시오. 이 광고문과 신청서에 대한 한국어 번역본을 받아보시려면 반송용 봉투를 Sione Apartments c/o Housing Partnership Development Corporation, 253 West 35 Street, 3rd Floor, NY, NY 10001.으로 보내주세요. 봉투 뒷면에 "KOREAN" 이라고 영어로 적어주세요. 2020년 2월 6일까지 온라인 신청서를 제출하거나 소인이 찍힌 신청서를 보내야 합니다.

#### Kreyòl Ayisyen

Aplike sou entènèt sou sitwèb [nyc.gov/housingconnect](http://nyc.gov/housingconnect). Pou resevwa yon tradiksyon anons sa a nan lang Kreyòl Ayisyen ek aplikasyon an sou papyè, voye anvlop ki gen adrès pou retounen li nan Sione Apartments c/o Housing Partnership Development Corporation, 253 West 35 Street, 3rd Floor, NY, NY 10001. Nan dèyè anvlop la, ekri mo "HATIAN CREOLE" an Anglè. Ou dwe remèt aplikasyon yo sou entènèt oswa ou dwe tenbre yo anvan dat 6 fevriye 2020.

#### العربية

تقدم طلبك عن طريق الإنترنت على الموقع الإلكتروني [nyc.gov/housingconnect](http://nyc.gov/housingconnect). للحصول على ترجمة باللغة العربية لهذا الإعلان وللمنموذج الطلب الورقي، أرسل مقروء بحمل اسمك وعنوانك إلى: Sione Apartments c/o Housing Partnership Development Corporation, 253 West 35 Street, 3rd Floor, NY, NY 10001. على الجهة الخلفية للمقروء، اكتب باللغة الإنجليزية كلمة "ARABIC". يجب إرسال نماذج الطلبات عن طريق الإنترنت أو ختمها بختم البريد قبل 6 فبراير 2020.



## NEWS



World leaders pose at the U.N. climate change conference (COP25) in Madrid on December 2, 2019.

REUTERS

# Don't fiddle while the planet burns, U.N. chief warns climate summit

Are we nearing the point of no return?

The world must choose hope over surrender in the fight against climate change, U.N. secretary-general Antonio Guterres said on Monday, warning at a summit in Madrid that governments risked sleepwalking past a point of no return.

The latest round of annual negotiations to bolster the 2015 Paris Agreement to curb global warming began against a backdrop of unusually severe weather disasters this year, from fires in the Arctic, Amazon and Australia to intense tropical hurricanes.

"Do we really want to be remembered as the generation that buried its head in the sand, that fiddled while the planet burned?" Guterres told the opening session of the two-week gathering, held in a hangar-like conference center in the Spanish capital.

"One is the path of surrender, where we have sleepwalked past the point of no return," he said. "The other option is the path of hope. A path of resolve, of sustainable solutions."

Delegates aim to tackle an important outstanding issue from the Paris accord: rules on carbon trading that are seen as vital to kick-starting faster action to reduce emissions.

But the summit is also being watched as a broader test of international commitment to the kind of major changes in energy, transport and industry that scientists say are needed to wean the world off fossil fuels fast enough to avoid catastrophe.

Mark Montegriffo, a journalism student, had traveled from London to join several dozen protesters with the Extinction Rebellion movement who gathered outside the venue to demand bolder action by the officials cloistered inside.

"It would take a radical transformation, but it starts on the streets, it starts here," the 22-year-old said.

The Paris process faces a moment of truth next year when governments are due to unveil more ambitious proposals to cut the production of planet-warming gases in time to stop the climate careering past dangerous tipping points.

Under existing pledges, the world is on course for the kind of temperature rises that could threaten the stability of industrial societies and lay waste to swathes of the developing world in the second half of the century, scientists say.

While a fast-growing youth-led climate activist movement is pressuring leaders to act, U.S. President Donald Trump's de-

mitted to ambitious climate action.

"By coming here we want to say to everyone we are still in, the United States is still in," Pelosi told reporters at the talks, flanked by Democratic Congressional representatives.

Spain's acting Prime Minister Pedro Sanchez, whose government stepped in to host the summit after unrest

**"No one can independently pull out of this challenge. There is no wall high enough to protect any country from this challenge, however powerful they are."**

Spanish Prime Minister Pedro Sanchez

cision to begin withdrawing from the accord last month has cast a shadow over the latest round of negotiations.

Nevertheless, U.S. House of Representatives Speaker Nancy Pelosi, who is leading impeachment proceedings against Trump in Washington, appeared at the talks on Monday with assurances that Congress was com-

erupted in Chile, the original venue, urged delegates to take ambitious action to preserve the "fragile balance" of life on Earth.

"No one can independently pull out of this challenge," Sanchez told delegates. "There is no wall high enough to protect any country from this challenge, however powerful they are." REUTERS

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# Everything you need to know about 2019 holiday shipping deadlines

From USPS to UPS and more, here's what you need to know.



BECCA GLASSER-BAKER  
Rebecca.Glasser@metro.us

The holiday season is just around the corner!

During the holiday season, it's easy to get carried away with sending out gifts or ordering online. Most online retailers will specify if items will arrive on time for the holidays. To make sure your gift arrives on time, we're here to help.

If you are sending a gift to a loved one across the world or states, and want to make sure it arrives before Christmas, here's what you need to know. We have rounded up a few common shipping services deadlines to help you get into the holiday spirit.



## 2019 Holiday Shipping Deadlines:

### 2019 Holiday Shipping Deadlines for FedEx:

- Dec. 9: FedEx SmartPost
- Dec. 16: FedEx Ground and Home Delivery
- Dec. 19: FedEx Express Saver
- Dec. 20: FedEx 2Day and FedEx 2Day a.m.
- Dec. 23: FedEx Standard Overnight, FedEx Priority

Overnight and FedEx First Overnight from one U.S. location to another

- Dec. 25: FedEx SameDay, FedEx SameDay City Direct, FedEx SameDay City Priority

For the international holiday shipping deadlines for FedEx, go to [fedex.com](http://fedex.com).

### 2019 Holiday Shipping Deadlines for USPS:

- Dec. 13: UPS Ground
- Dec. 19: UPS 3-Day Select
- Dec. 20: UPS 2nd Day Air
- Dec. 22: UPS Express Critical
- Dec. 23: UPS Next Day Air

For more information about the 2019 Holiday Shipping Dates for UPS, go to [ups.com](http://ups.com).

### 2019 Holiday Shipping Deadlines for USPS:

- Dec. 14: USPS Retail Ground
- Dec. 18: Alaska to mainland First-Class Mail
- Dec. 19: Hawaii to mainland First-Class Mail and Priority Mail
- Dec. 19: Alaska to mainland Priority Mail
- Dec. 20: First Class Mail service
- Dec. 20: First class-packages
- Dec. 21: Priority Mail Service
- Dec. 21: Alaska to mainland priority mail express
- Dec. 21: Hawaii to mainland priority mail express
- Dec. 23: Priority Mail Express Service

For the international holiday shipping deadlines and military shipping, deadlines go to [usps.com](http://usps.com).

## Officials encourage mass transit as a result of treacherous roads

Monday morning, Governor Cuomo declared a state of emergency for Albany, Columbia, Greene, Rensselaer, Schenectady, Saratoga and Ulster Counties.

Gov. Cuomo has also deployed 300 members of the National Guard to help with clean-up operations and snow removal.

In a statement, Gov. Cuomo said, "Our state is no stranger to this type of extreme winter weather, and these additional measures will be critical in our efforts to keep all New Yorkers safe throughout the remainder of this storm."

Although other areas of the state are more impacted than New York City, NYC is under a winter weather advisory until Dec. 3, at 7 a.m.

Mayor Bill de Blasio said, "With the forecast predicting snow just in time to create a messy evening commute, I urge all New Yorkers to take



ISTOCK

extra precautions, stay off the streets and take public transportation whenever possible."

De Blasio added, "The Department of Sanitation is ready to clear the streets, but everyone must do their part to ensure they can get through and do their jobs safely."

De Blasio shared on Twitter, "We have 1,500 plows, 700 salt spreaders, and additional staffing at the ready as rain turns to sleet and snow this afternoon. New Yorkers, do what you can to stay off the roads later in the day."

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REUTERS

## Amazon pulls Auschwitz Christmas decorations from site

Sellers violated  
Amazon's  
guidelines for  
permitted sales.

Amazon has withdrawn from sale products decorated with images of the former Auschwitz concentration camp in Poland including Christmas decorations after a complaint from the organization that preserves the site as a memorial.

The Auschwitz museum drew attention to the products on its Twitter account on Sunday, calling them "disturbing and disrespectful," and asked Amazon to remove them. On Monday, Amazon said it had done so.

"All sellers must follow our selling guidelines and those who do not will be subject to action, including potential removal of their account," an Amazon spokesman said.

Amazon's guidelines for sellers include the following line: "Amazon does not allow products that promote, incite or glorify hatred, violence, racial, sexual or religious intolerance or promote organizations with such views."

The guidelines also state: "We'll also remove listings that graphically portray violence or victims of violence."

Between 1940 and 1945, about 1.5 million people, mainly Jews, were killed by the Nazis at the Auschwitz-Birkenau camp in German-occupied Poland.

The Auschwitz museum said the products in question were still available on e-commerce marketplace Wish and

ceramic ornaments, computer mouse pads and bottle tops decorated with images of the camp, made by a company which produces a wide range of souvenirs like fridge magnets and mugs featuring images of tourist destinations.

Reuters was not immediately able to contact the maker of the decorations.

"We consider this rather an isolated incident," Pawel Sawicki,

**"These items are completely inappropriate and should not have been listed by sellers on our platform. We are removing them as a matter of urgency."**

A Wish spokesperson

called for their removal there too.

A Wish spokesperson said: "These items are completely inappropriate and should not have been listed by sellers on our platform. We are removing them as a matter of urgency."

The products include

press officer for the Auschwitz Memorial, told Reuters by email. "What seems to be an issue is that more and more producers use some image-grabbing software and place hundreds of images on their products hoping to find customers."

REUTERS



# Is Intimacy on Your Wish List?



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# Twitter makes global changes to comply with privacy laws

Changes will take effect Jan. 1, 2020.

Twitter Inc is updating its global privacy policy to give users more information about what data advertisers might receive and is launching a site to provide clarity on its data protection efforts, the company said on Monday.

The changes, which will take effect on Jan. 1, 2020, will comply with the California Consumer Privacy Act (CCPA).

The California law requires large businesses to give consumers more transparency and control over their personal information, such as al-

lowing them to request that their data be deleted and to opt out of having their data sold to third parties.

Social media companies including Facebook Inc and Alphabet Inc's Google have come under scrutiny on data privacy issues, fueled by Facebook's Cambridge Analytica scandal in which personal data were harvested from millions of users without their consent.

Twitter also announced on Monday that it is moving the accounts of users outside of the United States and European Union which were previously contracted by Twitter International Company

in Dublin, Ireland, to the San Francisco-based Twitter Inc.

The company said this move would allow it the flexibility to test different settings and controls with these users, such as additional opt-in or opt-out privacy preferences, that would likely be restricted by the General Data Protection Regulation (GDPR), Europe's landmark digital privacy law.

"We want to be able to experiment without immediately running afoul of the GDPR provisions," Twitter's data protection officer Damien Kieran told Reuters in a phone interview.

"The goal is to learn from those experiments

and then to provide those same experiences to people all around the world," he said.

The company, which said it has upped its communications about data and security-related disclosures over the last two years, emphasized in a Monday blog post that it was working to upgrade systems and build privacy into new products.

In October, Twitter announced it had found that phone numbers and email addresses used for two-factor authentication may inadvertently have been used for advertising purposes.

Twitter's new privacy site, dubbed the "Twitter



REUTERS

Privacy Center' is part of the company's efforts to showcase its work on data protection and will also give users another route to access and download their data.

Twitter joins other internet companies who have recently staked out their positions ahead of

CCPA coming into effect. Last month, Microsoft Corp said it would honor the law throughout the United States and Google told clients that it would let sites and apps using its advertising tools block personalized ads as part of its efforts to comply with CCPA. **REUTERS**



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# Doctors Urge Knee Pain Sufferers

## “Don’t Get ANY Surgery Until You See This...”

*After Years Of Intense Study, NYC Medical Clinic Finally Reveals It's Best “Treatment Formula” For Helping Knee Arthritis Sufferers... Especially When So Many Other Treatments Have Failed*

**NEW YORK CITY** - If you are even remotely interested in discovering how the latest scientific discoveries can possibly help your knee pain... then this is going to be the most exciting information you ever read.

**Here is why:** Knee pain can not only be brutal... it's complex. In other words, it's not a simple, easy fix.

But I'm sure you already know that. Or you wouldn't be reading this.

**That's the bad news.**

**Now for some good news...**

Over the years, *NYC Pain MD* has treated countless knee pain sufferers. And in that time have been able to constantly improve.

And we have come up with a treatment formula that we have found works best and helps the most patients.

This formula has reduced or even eliminated the pain in many. Some were scheduled for knee replacement surgery and felt good enough to cancel their surgery.

It's amazing when patients who were once in excruciating pain... start feeling better. And start walking again. And playing golf. Or tennis. And finally getting their lives back.

Especially when they had gone to other doctors and tried so many other things.

So many had given up hope.

Sound familiar? If it does... check this out...

### **The Treatment Formula**

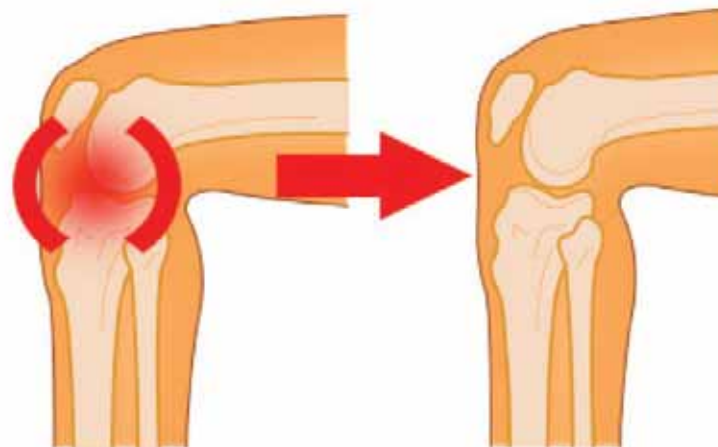
While I can't give you the entire treatment formula here (there is not enough space and WAY too complicated) I can give you the basics. And more important... I can tell you what it might be able to do for YOU.

The first and most important part of the formula is: **PATIENT SELECTION.**

This means, *NYC Pain MD* has a detailed screening process to tell who is most likely to be helped by their treatments... and who is not.

If you qualify, you have the opportunity to move forward and experience the worldclass treatments that *NYC Pain MD* offers.

If you do not, *NYC Pain MD* will tell you what they think your best options are and help



*NYC Pain MD* “Treatment Formula” A protocol of advanced medical treatments that has already helped thousands.

you find the right doctor for you.

If you qualify, *NYC Pain MD* offers some of the most advanced medical treatments available today all using the most advanced imaging technology including:

- Viscosupplementation (gel injections)
- Platelet Rich Plasma (PRP)
- Stem Cell Therapy (Lipogems)
- Genicular Knee Block
- And more.

Once again, there is not enough space to go into detail about all these procedures... but here are some things you **MUST KNOW...**

Viscosupplementation is where a doctor introduces a gel-like medicine directly into the joint space. This helps to lubricate the joints often relieving some, most or even all of your pain. Results can last for 6 months to several years.

Many have had these treatments *without* good results. However, *NYC Pain MD* feels this is because doctors often do these “gel injections” without advanced imaging to guide them. Research shows they will often miss the joint. If the joint is missed... it is impossible for the treatment to work.

*NYC Pain MD* has spared no expense and used advanced imaging to guide the injections assuring the medicine gets into the joint. We frequently get results when this treatment was a failure done elsewhere.

**The second thing you must know is...** our treatment plans are custom made for every patient. And we have all these treatments

offered in the same place. Many times you will get the best results from multiple treatments. At *NYC Pain MD* your doctors will all be there and will all know each other and you and your case. They work together and give you the best treatments and care without you having to go anywhere else.

The ability to select the right patients and then have the potential to give them any or all of these treatments... with all the necessary medical technology... under one roof... has allowed *NYC Pain MD* to get better results than they thought possible.

### **Here's What You Should Do Next**

If you suffer with knee pain... and any of this made sense to you... *NYC Pain MD* would like to offer you a No-cost screening. That screening is the first step in our “Treatment Formula.”

You will get to see a doctor and ask any questions you have. Your doctor will take the first steps to see if you qualify for treatments and give you recommendations.

**The best thing is...** you will finally get direction. You will know what's going on and what is your best course of action... step-by-step. The treatments will be explained in detail and you will breathe a big sigh of relief finally knowing what's going on and what can or cannot be done.

There is so much we want to say to help you... but I'm out of space. Give us a call at **877-296-6310** and take the first step. That step is free without obligation.



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UK Labour Party leader Jeremy Corbyn.

REUTERS

## Leak of papers before UK election raises 'specter of foreign influence': experts

Russian interference has been alleged, especially by the Labour Party.

The leak and distribution of classified British-U.S. trade documents online resembles a disinformation campaign uncovered this year that originated in Russia, according to experts who say it could signal foreign interference in Britain's election.

The opposition Labour Party said on Nov. 27 the classified documents, which first appeared online on Oct. 21, showed the ruling Conservatives were plotting to offer up the state-run National Health Service for sale in trade talks with Washington.

The NHS is much loved by Britons and has become an important issue in the Dec. 12 election, in which Labour trails the Conservatives despite cutting its lead in some opinion polls.

Researchers at Britain's Oxford and Cardiff universities, the Atlantic Council thinktank and social media analytics firm Graphika said the way the documents were first shared online mirrored a campaign called Secondary Infektion.

Secondary Infektion, uncovered by the Atlantic Council in June, used

fabricated or altered documents to try to spread false narratives across at least 30 online platforms, and stemmed from a network of social media accounts which Facebook said "originated in Russia."

"It's on the same set of websites (as Secondary Infektion), it's using the same types of accounts and making the same language errors. It's either the Russian operation or someone trying hard to look like it," said Ben Nimmo, head of investigations at Graphika.

meddling and the Kremlin did not immediately respond to a request for comment.

"Whoever did this ... was absolutely trying to keep it a secret," said Graham Brookie, director of the Atlantic Council's Digital Forensic Research Lab. "It carries the specter of foreign influence."

A link to download documents with the same content and metadata as the documents released by Labour was first shared on Internet discussion site Reddit by a user who made language errors typ-

**"We know from the Russian playbook that often it is not for or against anything. It's about sowing confusion, and destroying the field of political trust."**

Lisa-Maria Neudert, researcher

Reuters has been unable to verify whether the documents are genuine. Labour and the British government declined immediate comment. In Washington, the U.S. Trade Representative did not respond to requests for comment.

It is not clear who was behind either operation and cyber experts say it is hard to attribute malicious actions online with certainty.

Moscow has denied allegations of election

ical of non-native English speakers.

A person with the same username and profile picture copied the Reddit post to a website known for hosting conspiracy theories, and a Twitter account with the same name and profile picture then tweeted the link to journalists and politicians.

Reuters has been unable to establish how the Reddit user or Labour acquired the unredacted documents. **REUTERS**



# No more chains: Anti-slavery campaigns urged to stop relying on shock images

From chains to scarred backs, sensationalized images used to raise awareness of modern slavery risk doing more harm than good because they misrepresent the problem, researchers said on Monday.

In fact, most modern slavery networks rely more on psychological methods of coercion than on physical violence or restraint, according to a study by the University of Nottingham's Rights Lab, which researches the global problem.

Such images also risk retraumatizing survivors, said the study, released on the International Day for the Abolition of Slavery on Monday.

Author Emily Brady said misrepresentations of modern slavery hampered

efforts to educate the public on what to look out for.

"All they will be seeing are victims who are physically restrained or hunched over a bed or table, often holding their face in their hands to signify distress," said Brady, a research associate with the Rights Lab.

"Over time these images can also make people less sensitive to the harm endured by enslaved people because they become the new norm," she added, calling for survivors to be more involved in selecting images to avoid potentially harmful stereotypes.

The study, Photographing Modern Slavery, looked at common themes in images of modern slavery used in government and charity reports,

including the Walk Free Foundation, the Australia-based group behind the Global Slavery Index.

More than 40 million people have been estimated to be captive in modern slavery, which includes forced labour and forced marriage, according to Walk Free and the International Labour

Organization.

Misrepresentation could also impact victims' access to help if their experiences do not match the popular perception of what slavery looks like, said Joanna Ewart-James, executive director of the anti-slavery organisation Freedom United.

REUTERS



REUTERS

## horoscopes

**♈ Aries** Don't be surprised by what others decide to do. Do not feel that you must follow the crowd or get involved in something that doesn't interest you.

**♉ Taurus** If you take pride in what you do, you'll make a good impression. Someone special will grant you a wish or offer you something unexpected. Romance is on the rise.

**♊ Gemini** A change someone makes will make you think twice. Don't be too quick to respond to this alteration. Gather the facts before you make your position clear.

**♋ Cancer** Do something that makes you happy. Working on a creative project or attending an event that interests you will help you make an important decision. A relationship will take a positive turn.

**♌ Leo** An impulsive purchase will leave you short of cash. Try altering your living space to accommodate your budget. Less worry will help improve your health.

**♍ Virgo** Ask and you shall receive. If you are diplomatic and discreet, you will get your way. Being attentive will enhance your life and a meaningful relationship. It's time to initiate romance.

**♎ Libra** Follow a path that will lead to a better lifestyle. Proper diet, exercise and rest are encouraged. Stop worrying about what you cannot change, and make the most of what you've got.

**♏ Scorpio** Let your imagination lead the way. You'll be in a high creative cycle, and you should focus on whatever brings you the most joy. Share your dream with a loved one.

**♐ Sagittarius** Keep your ideas secret. Pay less attention to criticism and more to taking care of your responsibilities. Emotional pressure is best ignored, and personal growth should be your focus.

**♑ Capricorn** Ask someone you have helped in the past to reciprocate. Taking a proactive approach to making your voice heard and having your wishes granted will raise your profile and reputation.

**♒ Aquarius** Offer creative input. A chance to try something new will give you a different perspective when an opportunity comes along. Choose a path that challenges you to do your best.

**♓ Pisces** Your intuition will not lead you astray. Make changes based on how you feel and what you want. Discuss your plans with a loved one. **EUGENIA LAST**

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## LIFESTYLE

# Lucy Dacus on confronting stage fright, the wisdom of Lana Del Rey, and working on her most honest music yet

MATADOR RECORDS

The talented singer-songwriter will be in town this week.



PAT KING  
patrick.king@metro.us

Lucy Dacus is busy but in the best way possible. When I caught up with the 24-year-old Richmond, Virginia singer-songwriter she had taken advantage of her first day off from shows in a long stretch to sleep in until the early afternoon. Dacus and her band have been on the road for nearly two-years straight in support of her second album, 2018's fantastic "Historian", and lately she is playing some of the biggest venues of her career. And while this is all amazing, she can use all of the rest she can get.

"It has been incredible," Dacus explains. "It's kind of tiring. But, of course something like this would take work. It does take sacrifices and work but it's really worth it I think."

Such sacrifices like being on the road more often than not, and for Dacus the pressures around playing to larger and larger audiences each night. During a recent appearance on the

Talkhouse podcast, Dacus opened up during her conversation with Death Cab For Cutie guitarist, Dave Depper, about her, sometimes, crippling stage fright. In their conversation, the two musicians talked about the wonders of using beta blockers to help reduce their heart rates and let them be more in the moment instead of caught in the headlights. I ask Dacus if these feelings have subsided at all after touring so heavily in support of "Historian".

"It has but it still happens," she says. "Our last show was a couple of days ago in Mexico City. We had never played Mexico and I was walking out on stage it hit me. I was like, 'Wow, I'm here. I never thought I would get here...' and I got stricken with fear. The weight of the moment ... I kind of got lifted from the situation and viewed it from above. That was a little bit dissociative. So I was a little freaked out and didn't have time to take a beta blocker. I think knowing that I have them just puts me at ease."

"It's nice to just admit that everybody deals with stuff like this," she adds. "It's

chemical. I think there's a part of me that's like, 'No, I should be able to get over this myself. I should be able to have control over my brain and I should be stronger in some way.' But, I think that that really keeps people from figuring out solutions for simple problems."

While the venues have been getting much larger as Dacus and her band continue to tour, nothing has been quite as big as when she was asked personally by Lana Del Rey to open one her "Norman F--king Rockwell" tour dates in Chicago. Dacus jumped at the opportunity and was even asked to perform her song "Night Shift" with Del Rey onstage.

"That was another wild one," says Dacus of that surreal night. "She hit me up on Instagram three days before the show just to say, 'Hey, I'm a fan and I was wondering if you would want to open any of the upcoming shows.' I had to go to Mexico, like I said, so it was really only her Chicago show. She is so sweet. I'm a fan, especially of the new record. I think it's her best. It was really nice to see someone at that level be so generous and open. To

me, but also to her fans. Hours after the show was over, she went outside and people were waiting by her bus. She was like 'Oh my gosh' and hugged everyone and took photos with them. I told her, 'I can't believe you have so much energy for your fans,' and she was like, 'well, to have one fan is a miracle.' I got choked up because that was so beautiful to hear from someone who has millions of fans. She knows the value of just one person having your side and being grateful for your work. I learned a lot from her in just two days."

Aside from her own music, Dacus was also a part of one of 2018's best musical surprises as one third of the Indie-Rock supergroup boygenius with Julien Baker and Phoebe Bridgers. The group released one fantastic EP last year to coincide with a month long tour the three young artists had previously booked before starting the project. While the formation of the group was born purely out of coincidence, it helped each of them to grow as artists and musicians.

"I think every one of us flexed different muscles and realized

that we are more capable than we thought we were individually. Especially being the directors of our own projects, you kind of have to discover everything yourself. For this, we were helping each other discover our own abilities. Whenever I talk about boygenius, it sounds so corny. But honestly, it was! It was really corny. It was really sweet. We were loving each other all of the time," says Dacus. "We only toured for that one month and haven't since and have no plans to. I think we all regard that time as a bit of a miracle. Whatever it felt like in the crowd, I think it felt that way times ten for us."

While boygenius is by no means dead and buried, the three songwriters are focusing their efforts on their own albums, including a release from Dacus sometime next year.

"I don't have many details about the release, but a lot of the songs make my stomach hurt," says Dacus of the material on her, as of now, untitled 2020 follow up to "Historian".

"I feel like I'm being a bit bolder, probably because of by being emboldened by Phoebe and Julien," she adds. "A lot

of the songs have to do with early girlhood and friendship and family. More specific stories about my life. It feels way more bare than I've ever been. I'm glad to be working on it now so I don't have time to get used to them. A lot of the songs are about specific people. So I feel like my job right now, more than thinking about making it and putting it out, is showing the songs to the people that they are about and getting blessings from them."

This practice of confronting her past through her work was something that she had started to practice with her EP from this year, "2019".

"Actually, 'My Mother and I' on this EP that came out this year is clearly about my mother. I have two, I'm adopted, my birth mother and my mom that raised me. I talked to each of them about what the song meant. It was very intense but super rewarding. I think that going well, it helped me to be okay with these songs because I have this tepid optimism with being brutally honest" **Make sure to catch Lucy Dacus this Thursday Dec 5, at Webster Hall. 125 E. 11th Street.**



# How to spend your dollars on *Giving Tuesday*

While this past week-end has been all about businesses offering big deals for the holidays, Giving Tuesday is a time to give money to organizations that are making a difference for those who are less fortunate around the world. Here are some campaigns you should consider donating to this Giving Tuesday.

## The Ronald McDonald House

Since 1979, The Ronald McDonald House of New York has been providing temporary housing for children battling cancer. This housing is intended to give these children, and their families, a place to stay as they come to New York to receive treatment that they cannot get back home. Given that medical bills can really break the bank for most of us, thinking about lodging

during these trying times is something that families shouldn't have to worry about. If you are feeling charitable this Giving Tuesday, head over to the Ronald McDonald House of New York site at [www.rmh-newyork.org](http://www.rmh-newyork.org) to make a difference in someone's life today.

## UNICEF

By supporting The United Nations Children's Fund (UNICEF) this Giving Tuesday, you will not only be helping people from all over the world to escape harm's way, but you will know that your dollars will be spent in the best possible way. The organization ensures that less than 3% of every dollar you donate to their efforts will go to administrative costs. That means your money will go towards helping those who have been

displaced around the world by war, disease, and other catastrophes. If you would like to make a donation, head over to [www.unicefusa.org](http://www.unicefusa.org).

## Rainforest Trust

Saving the remaining rainforests around the world should be one of our biggest priorities to combating climate change and the preservation of wildlife. Since 1988, the Rainforest Trust has been fighting the good fight with over 23.5 million acres of rainforest land preserved with the help of small donations. If lending your dollars to maintain the safety of our planet is something you are looking to do this Giving Tuesday, head over to [www.rainforesttrust.org](http://www.rainforesttrust.org) to make your donations today.

## Americares

Americares has been



helping those in need around the world, including those affected by Hurricane Dorian. While they have been doing great work year round, Americares will be stepping up their efforts for what they will be calling "Giving Week" until this Friday, December 6. For every donation that you make on their site this week, they will be matching it times 8. It's a pretty notable move on their end, so make sure to head over to [www.americares.org](http://www.americares.org) to give your contribution.

METRO STAFF

## TONY'S METRO MAGIC 2019



As we enter the season of giving, Metro asks that you donate to Tony's Metro Magic annual holiday toy drive to help underprivileged children in your community. You can donate by visiting [metro.us/magic](http://metro.us/magic), clicking on the toy wishlist link of your choice and ordering via a secure payment system. Toys will then be distributed to local children in need.

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Becca Glasser-Baker considers herself an adopted New Yorker. Although she studied culinary arts in New Jersey, she credits her passion for cocktails to exploring New York City. When she's not writing, she's probably baking, hanging out with friends, blasting Taylor Swift or petting dogs. When she's not sipping on a cocktail, she's busy indulging in exotic teas. Email her at [Rebecca.glasser@metro.us](mailto:Rebecca.glasser@metro.us) with tips, trends, favorite spots and cocktail ideas.

## ORANGE WINE IS THE NEW ROSÉ

Orange wine is the latest trend taking over the world of wine.

If you love rosé, I think you're going to fall in love with orange wine. I spoke to orange wine expert and natural wine sommelier Doreen Winkler, who loves orange wine so much that she

started the first ever wine subscription service dedicated to skin-contact or orange wines, Orange Glou.

I spoke to Winkler about all things orange wine and why you should be drinking it. Winkler explained to me that orange wine is essentially "white wine in simple form, made like red wine."

To expand further, it's when the skin and seeds are kept after crushing. This helps give the wine its wonderful variety of orange shades. You can get orange wine from anywhere in the world; it is non-specific to any particular region. However, there are some hot spots, and Winkler informed me that the Czech Republic has a lot of good orange wine. Another famous spot for orange wine is Georgia, where orange wine has been made for a millennium.

Although orange wine looks orange, it doesn't taste orange-flavored. I can't exactly generalize the flavors, since each wine tastes different, but to be clear: it's wine, not orange soda. For my fellow sparkling wine lovers out there, there are even sparkling varieties



Doreen Winkler, the founder of Orange Glou. ALL PHOTOS ORANGE GLOU

of the vibrant drink.

When it comes to drinking orange wine, you can pair it with whatever you like. In fact, Winkler told me that "fall is the perfect season for orange wine." She added that orange wine pairs best with chicken dishes, sweet potatoes, pumpkin dishes or other fall dishes. She suggested that although seafood pairings can work, these are not ideal for orange wine. She also mentioned that she loves to pair a glass of sparkling orange wine with spicy food.

For a taste of orange wine curated by Winkler in the city, you can check out Sel Rose, a restaurant and cocktail bar with twelve orange wines on the wine list.

If you want to really familiarize yourself with orange wine, you can check out Orange Glou, the subscription box. Orange Glou delivers a curated selection of three or six orange wines to your doorstep each month. Each bottle will have a list of tasting notes, recommendations on the wine's age-ability, vinification notes, and of course, food pairings. If you're looking for a great gift for the wine lover in your life, this is a great option. For more information about the service go to [orangeglou.com](http://orangeglou.com).

Orange Glou will be hosting a bubbly orange wine party on Dec. 16. It will take place at Fig.19 from 6 p.m. to 10 p.m. You can purchase your tickets at [eventbrite.com](http://eventbrite.com).

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# Lifting off with Berhana



PROVIDED

The genre-defying artist takes us through his debut album, 'HAN.'



**PAT KING**  
patrick.king@metro.us

The music that singer Amain Berhane creates under his alias Berhana moves at a dream-like rhythm. On his debut album, "HAN," the first notes you hear on the introduction track "HN 001" are ethereal plinking piano keys as the listener is greeted by an inflight announcement. "Our trip will round out to thirty-three minutes and thirty-three seconds," the disembodied inflight voice says. "Once the album is in progress, we ask that you fasten your headphones. Do this by placing the foam fittings over each ear, one at a time. Tighten, until you feel the bass has reached maximum slap. We suggest you take a moment to clear your thoughts in preparation of our journey. Thank you for choosing 'HAN.'"

From there, Berhana takes you on a genre-defying journey of vintage R&B, hip-hop, electronica and even tightly coiled rock and roll. The album's free-flowing musical references and lyrical content that takes

the listener on a globe-trotting journey from Japan to California makes "HAN" one of the most engaging and enjoyable records you are bound to hear this year. When I caught up with Berhane over the phone, he explains that this kind of epic scope was something he wanted to create from the beginning.

"I wanted it to feel like an international trip whereby the end of it, you feel like you're coming home," he says. "I think that really started with the very last record on my EP [from 2016] I put out before this called 'Grey Luh.' The last line is, 'Copped this one way out to Mexico / Cause you compress my soul and call it love.' So for me, that was kind of the beginning of this journey and I wanted this album to see it through."

The lyrical journey matches the musical qualities of the record and to get this feeling on tape, the recording of "HAN" had to take on a globetrotting aspect as well with a large cast of characters to help along the way.

"We recorded the album in three different countries. We recorded in L.A., Japan, and also Vancouver. So we got to move around while making the album and

focus on instrumentation which is something I've always wanted to do and hone in on. I got to bring in a lot of really great musicians and producers who I've always wanted to work with... It was a fun time making the album and I think you can tell when listening to the music," says Berhana.

There is this sense while listening to "HAN" that nearly anything could happen. The smooth R&B of songs like "Drnuk" and "Health Food" may set the pace, but you lose your footing in the best possible ways with songs like the aggressive "G2g" and the spaced-out "Flashback." This unpredictable nature is something that inspires him and makes Berhana one of the most exciting new artists we have.

"I think subverting expectations is something I want to do within everything I create," explains Berhana. "Whether it's in a live show, a short film, or an album. Whatever it is I'm creating I don't want it to be something where you [say], 'Oh yeah, this is exactly what I thought it was going to be.'"

**Make sure to check out Berhana at Elsewhere in Brooklyn tonight. 599 Johnson Ave., Brooklyn**

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## SPORTS



The Giants have a clear path at drafting Chase Young out of Ohio State this offseason. GETTY IMAGES

# Giants in prime position for Young

The Giants losing streak could be the organization's gain in the long run.



JOE PANTORNO  
joseph.pantorno@metro.us

Everyone outside the New York Giants organization knew that the New York Giants were going to be a bad football team in 2019.

That is, except for the organization's management, who attempted to spoon-feed the NFL world this ridiculous notion that you can rebuild and win at the same time.

The problem is that this year's Giants were built on one of the shakiest foundations possible provided by general manager Dave Gettleman and head coach Pat Shurmur.

The Giants lost their eighth straight game on Sunday in a 31-13 dud against the Green Bay Packers, dropping their record to 2-10 on the season.

It was the latest embarrassment in a season that has been dotted by poor coaching by Shurmur — who controls the offense — and a lost defense headed by coordinator James Bettcher.

Shurmur's presence leading an offense that is expected to build off a foundation of rookie quarterback Daniel Jones and star second-year back Saquon Barkley is more of a threat to the youngsters' development than anything.

Meanwhile, Bettcher has his defense running around clueless like a pee-wee football team. New York's team defense ranks 29th out of 32 NFL teams.

Yet for all the depressing Sundays under the two "coaches," the Giants have a clear path at the end of the proverbial tunnel.

Following Week 13 victories by the Washington Redskins and Miami Dolphins — both now 3-9 — the Giants have an outright hold on the No. 2 pick of the 2020 NFL Draft. They're now just one game back of the No. 1 pick after the Cincinnati Bengals picked up their first win of the season in improbable fashion over the New York Jets on Sunday.

With Jones in place as the franchise quarterback for years to come (as long as he's not ruined by Shurmur), the Giants have a clear path at the overwhelming best defensive player of the draft class this spring.

Ohio State defensive end Chase Young has become a pass-rushing menace and defensive stalwart in Columbus this season, his junior year.

In 10 games, he leads the nation with 16.5 sacks — including seven in a two-game stretch against Penn State and Wisconsin — and ranks sixth with 19.5 tackles for a loss.

He would bring instant legitimacy to a Giants pass rush that has been starving for a bonafide threat for years,

now. The Giants haven't had a pass-rusher rank within the NFL's top-10 in sacks since Jason Pierre-Paul in 2011 — which just so happened to be the last time the organization won a Super Bowl.

Even though they currently hold the second pick, there doesn't seem to be much of a threat — at least for now — of the team ahead of them swiping Young from their clutches.

As it stands, the Bengals, Redskins and Dolphins have other pressing needs within their roster to address at the 2020 draft.

With the current order, here is how the top-three could play out this April:

### 1. CINCINNATI BENGALS - JOE BURROW, QB, LSU

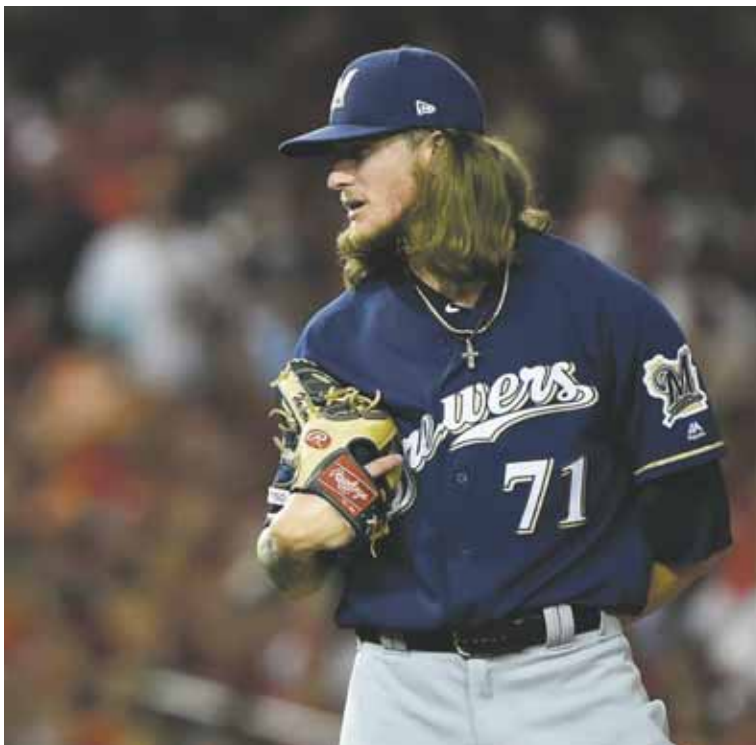
The Bengals look ready to move on from Andy Dalton and it's clear that Ryan Finley is not the answer after his brief audition as the team's starting quarterback. Burrow is the Heisman favorite and regarded as the nation's best quarterback at this time after Tua Tagovailoa's injury.

### 2. N.Y. GIANTS - CHASE YOUNG, DE, OHIO STATE

### 3. MIAMI DOLPHINS - JUSTIN HERBERT, QB, OREGON

The Josh Rosen experiment ended before it even started and Ryan Fitzpatrick will play mentor to Herbert, who was considered the top QB prospect in 2019 before heading back to Oregon for another season.





Brewers All-Star reliever Josh Hader is on the trade block. GETTY IMAGES

## 'Pen-needy Mets interested in Hader

In need of bullpen help, the Mets could be looking to strike a deal with the Brewers.

JOE PANTORNO  
joseph.pantorno@metro.us

Amongst the Mets' largest needs this off-season is bullpen help after countless late-inning implosions wound up costing them a spot in the National League Wild Card Game in 2019.

General manager Brodie Van Wagenen's first big move at the position last winter proved out to be a dud as Edwin Diaz regressed from best closer in baseball with the Mariners to worst with the Mets.

Meanwhile, the addition of albatross of Robinson Cano's contract did little to help the Mets as the veteran second baseman looked like a shell of his former self.

Diaz's nightmare season headlined a Mets bullpen whose ERA of 4.99 ranked fifth-worst in the majors while 27

blown saves were tied for seventh-most.

Van Wagenen's whiff might not stop him from making another notable deal for an All-Star reliever.

According to The Athletic's Ken Rosenthal, the Milwaukee Brewers have made southpaw reliever Josh Hader available for trade talks and listed the Mets as a "team to watch."

The 25-year old is coming off his second-straight All-Star campaign in just his third MLB season — racking up 37 saves with a 2.62 ERA and 138 strikeouts in 75.2 innings of work. It was good enough for him to win the 2019 National League Reliever of the Year Award in October.

Van Wagenen has a close relationship with Hader, representing the lefty when he was an agent with CAA.

But Hader's price is likely going to be expensive considering he's under team control through the 2023 season. SNY's Andy Martino speculated that it could mean Van Wagenen would have to

include names like Jeff McNeil, Dominic Smith and JD Davis in talks with Milwaukee.

That's an awfully high asking price considering McNeil was an All-Star last season while Davis and Smith took considerable steps forward in their MLB development.

It's also concerning to see that Hader gave up 15 home runs last season. That's the same amount of round-trippers that Diaz allowed — albeit he pitched in 17.2 fewer innings than Hader.

An easier avenue for the Mets to take is to explore free agency. Although the relief-pitching market is already drying up after Will Smith and Darren O'Day signed with the Atlanta Braves and Drew Pomeranz joined the San Diego Padres, there are still plenty of viable options.

Martino reported early in November that the Mets were looking at former Yankee Dellin Betances, who could be had for a cheaper price after an injury-plagued 2019 season.

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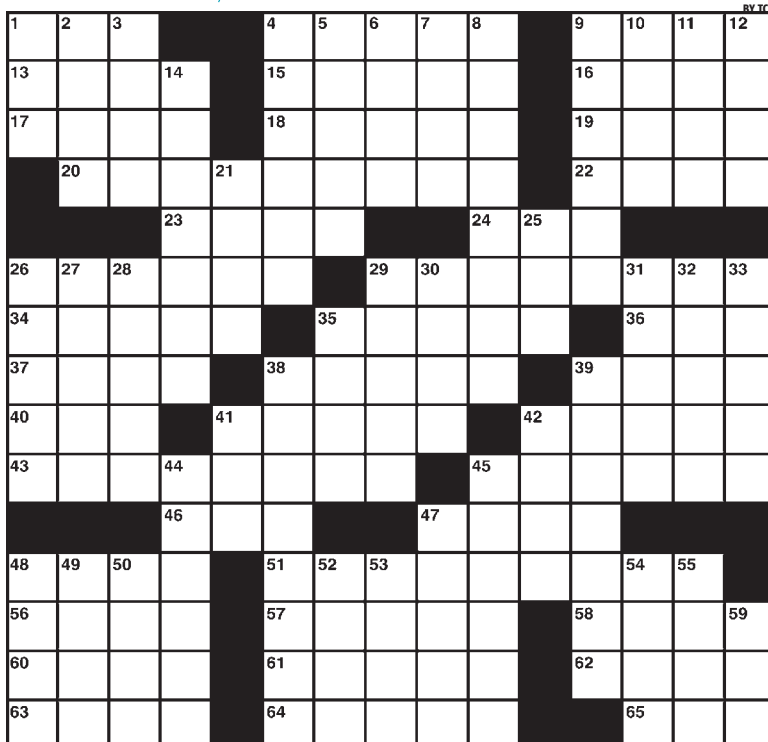
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19 Package of paper  
20 Retiree  
22 At \_\_\_; in disagreement  
23 White meat  
24 As cute \_\_\_ button  
26 Conflict  
29 Supply money for  
34 Jeer at  
35 "Thanks, Pierre!"  
36 Boston cream \_\_\_  
37 Right to bear \_\_\_; 2nd Amendment subject  
38 Craft class adhesive  
39 Crumbly cheese  
40 Actor & filmmaker Reiner  
41 Judge's orders  
42 Did an electrician's job  
43 Depots  
45 Instruments in the lute family  
46 Shoot carefully  
47 "You \_\_\_ take it with you"  
48 Took a \_\_\_ at; at-tempted  
51 About to happen  
56 Bedspring  
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54 Longest river  
55 Got bigger  
59 1/3 and 2/3

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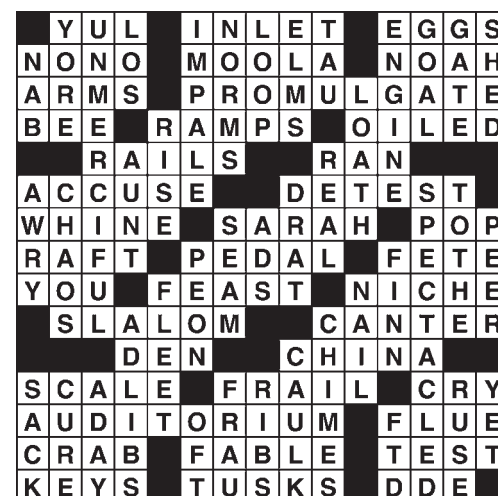


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